

RAPE AGGRESSION DEFENSE



NATIONAL
DOMESTIC
VIOLENCE
AWARENESS
MONTH

BASIC SELF-DEFENSE COURSE FOR WOMEN

Nationally certified instructors will be teaching a two-day course that focuses on awareness, prevention, risk reduction, avoidance and hands-on defense training.

- *Turlock residents preferred*
- *Ideal for ages 13+*

DATE & TIME

SAT, Oct 17, 2026 9:00 AM - 3:00PM
SAT, Oct 24, 2026 9:00AM - 3:00PM

LOCATION

Turlock Police Department
244 N Broadway
Turlock, CA 95380

FREE COMMUNITY
COURSE

REQUIREMENTS

- Must attend both days
- Youth will need parent approval

CONTACT

Melanie Suffecool
msuffecool@turlock.ca.us
(209)656-3153



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